

2027 entry



BENEFITS GUIDE

**REALISING
OPPORTUNITIES**
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Welcome

The Realising Opportunities (RO) programme is a chance for you to develop skills that will be beneficial during your current studies and at university. For your commitment to the RO programme you will benefit by receiving additional consideration from the RO Partner universities when you apply to them through UCAS. You could also receive alternative RO offers which are typically two A level grades (or equivalent) lower than the standard offer.

However, it's important to note that recognition can vary across the RO Partner universities and there are some course exemptions. You should read each of the university statements on the following pages so you can understand what this means for you.

With 9 RO Partner universities, this guide contains a lot of information – but this guide will remain on the RO website throughout your time on RO, so it's there whenever you want to look at it.



RO students are significantly more likely to receive an offer through UCAS from a research intensive university – 2023 independent evaluation of the RO programme



Getting started with this guide

You will benefit from using this guide at different points on your journey to university. We recommend checking this guide at the following times:

- **When you are researching the courses you might like to apply to**, check the Partner university pages to see what recognition you could receive. For some courses it is not possible to gain an alternative RO offer. Where relevant these are referred to in the 'Course exemptions' section of each Partner university statement within this guide.
- **You could use this guide to discuss your university choices** with your parents/carers or teachers at school/college, so they understand the options available to you and are able to support you with this information in mind.
- **When applying to RO Partner universities through the UCAS Hub** you should identify yourself as an RO student. Guidance on how to do this will be emailed to you in summer 2026. Please look out for this communication and if you have any questions when you come to submit your application please contact info@realisingopportunities.ac.uk

I definitely feel more confident applying to university because RO has helped me find the best universities and courses to suit me.

Shauna, Former RO student 2023-2025

RO benefits explained

Reading this information will help you to understand the RO Partner university statements.

Additional consideration

As an RO student, if you apply to one of the RO Partner universities through UCAS, your application will receive additional consideration. Additional consideration means that the RO Partner universities place value on your participation in RO. They recognise that participating in RO prepares you for university life and supports you to make informed decisions about your future. The RO Partner universities consider your participation in RO alongside the strength of your UCAS application.

Alternative RO offers

Alternative RO offers are typically 2 A level grades (or equivalent) lower than the standard offer. For example, as an illustration, this means a standard offer of AAB could be reduced by two grades to BBB or ABC. If the example standard offer of AAB was reduced by one grade, this could be ABB.

Therefore, you will need to look at the standard entry requirements alongside the information in this guide to get the full picture.



Alternative (lower) offers are available for most courses across the 9 RO Partner universities - but there are a small number of exemptions which are listed in the following pages of this guide.

Some courses at some universities may give alternative RO offers with a greater reduction than the typical reduction of 2 A level grades. Read the information for each Partner university to which you are interested in applying.

You are not limited to applying to one RO Partner university or course. You can apply to, and have the potential to receive offers from, the maximum number of choices on your UCAS application (which is usually five).

University specific information

Read the following pages for a summary of the benefits of applying to each of the 9 RO Partner universities as an RO student.

Standard entry requirements

Alternative RO offers give a reduction on the standard entry requirements. This means you will need to view this guide alongside the standard entry requirements for the relevant year of entry.

If you are applying to 2027 entry to university (which means starting university in Autumn 2027), look at the 2027 entry requirements. These can be found in a prospectus or a course finder and are usually published by Spring. It's important to know that 2027 entry requirements could change between Spring and September 2025 so make sure you double check before submitting your application.

Other admissions criteria

Usually, alternative RO offers are dependent on applicants meeting all other admissions criteria (such as GCSE requirements, subject specific requirements, work experience, interview performance or portfolio submission). You should check the relevant university's entry requirements to understand these course requirements for any university and/or course you may be interested in.

Need more info?

This guide covers information relevant to most students - but it doesn't cover every unique situation. Contact the relevant RO Partner universities if you need more information than has been provided. Their contact details are provided in the next pages of this guide.

You will also have different opportunities to speak with staff from the RO Partners directly at RO events, like the RO University fair or at the online Q&As.



Completion of RO

Many alternative RO offers require students to complete the programme as a condition of the lower offer. You will complete the programme by November of Year 13/second year of college, ahead of the final UCAS deadline of January 2027.

Engagement with the programme

To complete the RO programme, students must:

- Successfully complete the Skills4Uni challenge
- Complete the Academic Skills Module and the written Reflective Piece
- Attend at least two RO events/ activities

Alongside these three core elements, there are lots of other activities and opportunities RO students can choose to engage with to access information and support.

Gap years and lower offers

RO students who successfully complete the RO programme can access alternative (lower) offers and additional consideration for two years after leaving post-16 studies - which means three years in total. This means you could take two gap years and still access alternative RO offers. For example, if you left college in 2027, you would be eligible for RO recognition for 2028 and 2029 entry to university. Alternative RO offers can vary year to year - just like standard entry requirements.

To keep your options open, it's worthwhile completing the RO programme in case your plans change.





RO at Birmingham

At Birmingham, Realising Opportunities is part of the Pathways to Birmingham programmes. Your application as an RO student will receive additional consideration when you apply to the University of Birmingham through UCAS. This is dependent on you meeting all other admissions criteria which can include subject-specific requirements such as interview performance, aptitude tests, and GCSE grades.

Alternative (lower) offers

If your application is successful, you will receive two offers from the University of Birmingham - the standard offer and a Realising Opportunities offer (also referred to as a P2B offer), recognising your successful completion of the programme. Your alternative RO offer is typically two grades below the standard offer. For more information on the range of courses available and typical entry requirements please visit www.birmingham.ac.uk. Remember that it is important to check the individual requirements for any courses you are interested in.

Medicine and Dentistry

The standard offer for Medicine is A*AA and Dentistry is AAA. The typical alternative RO offer for both subjects is two grades below this (AAB for Medicine, ABB for Dentistry). This includes Chemistry and another Science subject for Medicine, or Chemistry and Biology for Dentistry, minimum predicted grades BBB, plus successful completion of RO. Students need to have a minimum of seven GCSEs at grade 4 or above. The following subjects must all be at grade 5 minimum and any two must be at grade 7 minimum: English Language, English Literature, Maths, Chemistry and Biology (or double Science). Students will also be required to sit the UCAT - please note the University of Birmingham doesn't provide a UCAT cut-off for applicants. Applicants who have successfully completed RO are given special consideration for selection to interview if they meet these alternative requirements.

Extra support available

The University of Birmingham offers interview support sessions for students who have applied for Medicine, Dentistry, Dental Hygiene and Therapy, Nursing, Midwifery, Social Work, Pharmacy and Physiotherapy. You will be contacted via email about this once you've submitted your UCAS application and updated the RO Hub to tell us you've applied to the University of Birmingham for one of these subjects.

RO completers who ultimately attend the University of Birmingham automatically become a Birmingham Scholar. Support for Birmingham Scholars includes:

- Exclusive social trips and events
- Tailored study support from the university's Academic Skills Centre and an increased number of Personal Academic Tutor sessions
- Exclusive personal and professional development opportunities such as mentoring, priority application for internships and opportunities to work and study abroad.
- Exclusive access to Careers Network opportunities

RO completers may also be eligible to receive the Pathways to Birmingham financial support. You could receive up to £1500 per year of study through our P2B scholarship if you meet the standard entry requirements for your course (not the alternative RO offer). As an RO completer, you do not need to have scored 30/40 on Skill4Uni or put UoB as your firm choice on UCAS to be eligible for the scholarship. You may also be eligible for the **Chamberlain Award** dependent on your household income.

Please note scholarship amounts vary year on year, so check the links for each scholarship to see the most up-to-date information.

Course exemptions

Alternative RO offers will be made for all degree courses at the University of Birmingham where an offer is made. However, alternative offers will not be made on Foundation Year programmes.

Contact information

Contact realisingopportunities@contacts.bham.ac.uk if you still have questions after reading the linked information.



Additional consideration

When you apply to University of Exeter through UCAS, your application will receive additional consideration due to your participation in RO as long as you meet all other admissions requirements such as specific GCSE grades or A level subjects.

Alternative (lower) offers

For most courses, students who have completed RO are guaranteed to receive a conditional offer. This is dependent upon any subject-specific or GCSE entry requirements as specified on the course's entry requirements webpage.

This will be a contextual offer which recognises your successful completion of RO. The offer will typically be lower than the standard offer by:

- Three A level grades,
- up to three International Baccalaureate points in higher level subjects, or;
- a course-specific equivalent reduction in merit/distinction requirements for BTEC L3 qualifications.

Specific subject grade requirements (e.g. 'requires grade B in Mathematics') will not be reduced as part of your contextual offer. Specific entry requirements for your year of entry are published in the summer before you apply. This will include any new additional considerations which have become available for RO students. If you need any support understanding offer levels for RO completers, please contact the University of Exeter at realisingopportunities@exeter.ac.uk.

Courses requiring an interview

For courses requiring an interview (including BMBS Medicine), the University of Exeter guarantee to invite all RO completers to interview, dependent on

subject-specific requirements. If you are successful at interview, you will receive an alternative offer as detailed above.

For BMBS Medicine, applicants are required to have completed a UCAT or GAMSAT test. A minimum test score is not required for interview, but your test score may be used in the selection process after your interview. A level Chemistry and Biology will be required at grade A, so an RO contextual offer for BMBS Medicine will be AAC.

Course exemptions

Alternative offers will not be made for courses with Foundation Year.

Extra support available

All RO applicants will be automatically eligible for the Senior Scholars programme. Senior Scholars are eligible for a [range of bursaries](#) (including the Exeter Scholars Attainment Award), as well as the Transition to Student Life financial support package, support with securing and funding paid internship programmes (A2I scheme), the Enhanced Induction Programme and more.

Further information

For the full list of Senior Scholars benefits available to RO participants, see [our benefits pages](#).

Full entry requirements for each subject are available on our [undergraduate course pages](#).

These pages will be updated frequently as you progress through RO, so be sure to check for updates regularly. If you have any questions, please don't hesitate to get in touch with realisingopportunities@exeter.ac.uk.



Admissions

At the University of Leeds, any student identified as an RO participant is highlighted for admissions who will offer extra consideration to the application. This is dependent on you meeting all other admissions criteria.

Alternative (lower) offers

If you are given an offer then you will receive a dual offer recognising your successful completion of RO. You will receive a standard offer as well as an alternative RO offer of typically 2 A level grades lower than the standard offer or the equivalent UCAS tariff points for other qualifications or combinations, including BTECs and IB, where possible.

Course exemptions

Alternative offers will not be made for courses which include a Foundation Year.

Extra support available

RO students who study at the University of Leeds are eligible for additional on-course support through The Plus Programme. This support includes academic skills development, social activities, opportunities for financial support, and careers guidance.

In addition, if you meet the eligibility criteria you may be eligible for additional financial help such as the Leeds Bursary which is based on a student's household income and is non repayable. More information on this scheme can be found here:

<https://www.leeds.ac.uk/undergraduate-funding-university/doc/leeds-bursary>

There are also other scholarships available for students based on their academic and personal circumstances and more information on both these can be found here:

<https://www.leeds.ac.uk/undergraduate-funding-university/doc/personal-circumstances-scholarships>

<https://www.leeds.ac.uk/undergraduate-funding-university/doc/scholarships-academic-achievement>

Students may also be eligible for support through the Leeds Plus Programme <https://students.leeds.ac.uk/plus-programme>.

Further information

For more information on the range of courses available and typical entry requirements please visit course.leeds.ac.uk. For each course you will see the typical A-level offer and also the typical Access to Leeds offer. RO students are entitled to a reduced offer in line with the Access to Leeds offer. Remember that it is important to check the individual requirements for any courses you are interested in and understand what this means for you.

Contact information

Please contact the Leeds RO team on ROPS@leeds.ac.uk or 0113 343 8952.



Additional consideration

Your application as an RO student will receive additional consideration when you apply to the University of Leicester through UCAS. This is dependent on you meeting all other subject specific admissions criteria, which may include aptitude tests and interviews.

Alternative offers (excluding Medicine)

If you are given an offer, then you will receive a dual offer recognising your successful completion of RO.

You will receive a standard offer as well as an alternative RO offer of:

- Typically 2 A level grades lower than the standard offer or;
- Up to 2 International Baccalaureate points below the standard offer or;
- 1 full BTEC National Diploma grade below the standard offer or;
- A reduced number of distinctions required for an Access to HE course.

Alternative offers (A100 Medicine)

RO students applying to study Medicine (A100) at Leicester Medical School must meet the standard GCSE minimum requirements for Medicine.

To be invited directly to interview (without the combined score of your academic achievement and the UCAT being considered), RO students must have completed the RO programme by 1 December 2026 AND be predicted or have achieved at least AAA at first sitting in our required subjects (to include either Biology or Chemistry, and one from Biology,

Chemistry, Maths, Psychology or Physics), have a minimum of a 6/B in GCSE English language, Maths and two Sciences (at first sitting); and have a UCAT score in the top 7 deciles with a SJT band 1-3.

The standard offer for Medicine is A*AA and the alternative offer for those with successful completion of RO is AAA (including Biology or Chemistry, plus one other science from Biology, Chemistry, Maths, Physics or Psychology). The alternative RO offer for IB is 34 points overall with 6,6,6, at higher level in the subjects above. If you are applying with completed A-levels, the alternative offer only applies for those with a single gap year.

For a full overview of the Medicine admissions criteria and selection procedures, please visit [le.ac.uk/medicine/study](https://www.le.ac.uk/medicine/study).

For students who are uncertain of their eligibility for A100 Medicine, the University of Leicester encourage you to consider the entry criteria for A199 Medicine as an alternative.

Course exemptions

Direct invites to interviews and alternative RO offers will not be made for A199 Medicine with a Foundation Year course, nor any STEM 'with Foundation Year' programmes (F991/G991/H991/F992/F993/G992/G993/F994/F995).

For further information

For more information on the range of courses available and typical entry requirements please visit www.le.ac.uk/study. Remember that it is important to check the individual requirements for any courses you are interested in and understand what this means for you.



Admissions

At Loughborough your application as an RO student will receive additional consideration when applying through UCAS. If successful in being made an offer for your chosen course, you will receive a standard offer as well as an alternative RO offer (subject to you successfully completing RO) of:

- Typically 2 A level grades lower than the standard offer or;
- Up to 2 International Baccalaureate points lower in Higher Level subjects or;
- 1 full BTEC National diploma grade lower.

Please note that specific grades in certain subjects will still be required for some courses. Contact Loughborough directly if you have any questions.

Course exemptions

Alternative offers will not be made for courses which include a Foundation Year.

Extra support available

An RO student who starts their studies at Loughborough will automatically join the Success programme, which is partnered with the Student Success Academy at the University. The programme supports students throughout their whole university journey, offering a wide range of personalised opportunities and tailored programmes designed to help unlock future potential.

Alongside this, former RO students are actively encouraged to apply to the Student Ambassador Scheme. This is a paid role which is flexible to fit around your studies and extra-curricular activities. It provides students with opportunities to enhance their personal development, boost their CV and earn extra income.

In addition, Loughborough also offers a range of bursaries and scholarships. As an RO student you could be eligible for specific scholarship support. For more information visit their website www.lboro.ac.uk/study/undergraduate/fees-funding/scholarships

Further information

Interested in studying at Loughborough? Visit their study page for more information on their courses, the campus community and student life www.lboro.ac.uk/study

More information on contextual admissions can be found on Loughborough's website www.lboro.ac.uk/study/undergraduate/apply/entry-requirements/contextual-admissions

Contact information

If you have any questions, please get in contact with Loughborough's RO Team by emailing R.O@lboro.ac.uk



Admissions

Your application as an RO student will receive additional consideration when you apply to Newcastle University through UCAS. For programmes that require an additional selection process, such as an interview or submission of a portfolio, RO applicants will still be required to take part on this before any offer is made.

If you are made an offer then this will include conditions regarding your successful completion of RO. If we do not have confirmation of your RO completion when we process your application, you may receive a dual offer which is a standard offer as well as an alternative RO offer. RO offers are:

- Typically 2 A level grades (or equivalent) lower than the standard offer for all courses at Newcastle University.

Course exemptions

There are no course exemptions. Alternative RO offers will be made for all degree programmes at Newcastle University where an offer is made.

Extra support

The UCAT threshold may be lower for RO applicants to Dentistry as part of the Admissions process. However, this can't be guaranteed as it depends upon the performance of each individual cohort.

Applicants to Medicine who are identified as eligible for one of Newcastle University's contextual admissions routes (including RO) will be processed separately from standard entry students and may have a lower academic screen and offer thresholds

compared to standard entry students. For further information please refer to Newcastle University's Medicine Admissions Policy www.ncl.ac.uk/medicine/study/undergraduate/apply-medicine

Contact information

For more information on the range of courses available and typical entry requirements please visit www.ncl.ac.uk/undergraduate. Remember that it is important to check the individual requirements for any courses you are interested in and understand what this means for you.

Please contact Newcastle via email if you need any further information
realising.opportunities@newcastle.ac.uk



Admissions

Queen Mary University of London values your achievements as a participant in the Realising Opportunities (RO) programme. As such, your application will receive additional consideration when you apply to Queen Mary, and includes consideration for an enhanced contextual offer, provided you meet all other admissions criteria.

Many of Queen Mary's courses make alternative offers to RO students, which can be up to three A-level grades below our standard entry requirements. If you apply to Queen Mary as an RO participant and receive an alternative offer, you will be given a dual offer:

- One reflecting the standard entry requirements, and
- One with lower entry requirements linked to your successful completion of the RO programme.

To find out how this applies to your chosen course, we encourage you to visit Queen Mary's Contextual Admissions webpage and Course Finder for full details of RO offers and entry requirements.

Medicine and Dentistry Applicants

For students applying for Medicine (A100) and Dentistry (A200), additional consideration, including selection for interviews and alternative offers, is given to RO students applying for Medicine (A100) and Dentistry (A200), provided students:

- meet the minimum GCSE requirements
- are predicted at least AAA (AAB for care leavers)
- achieve a UCAT score within or above the 4th decile and Situational Judgement Test (SJT) Bands 1–3.

Course exemptions

RO offers will not be made for:

- BSc Dental Therapy and Hygiene (A920).
- Degrees with Integrated Foundation Years and standalone foundation programmes.
- Degree Apprenticeship programmes.

Support Available

All RO participants will have access to a range of resources available through our Outreach Hub and are encouraged to take part in our webinars designed to support their journey to university. Further details can be found at www.qmul.ac.uk/outreach/students.

Students will also be eligible to apply for financial support through our [Widening Participation Travel Bursary](#) to help cover the cost of attending events held on the Queen Mary campus.

Further information

Full details about the enhanced contextual offer available to RO participants are available via the Queen Mary Course Finder: www.qmul.ac.uk/courses

For the most up-to-date information on contextual admissions at Queen Mary, please visit www.qmul.ac.uk/undergraduate/apply/entry/contextualised-admissions.

Contact information

Please direct your queries to realisingopportunities@qmul.ac.uk, where a member of the team will be happy to support.



Admissions

RO students who apply to the University of Warwick and are successful in receiving an offer are eligible for reduced offer conditions of up to 2 A Level grades or 4 International Baccalaureate points lower than the standard entry requirements for their chosen course:

- RO students who are selected for offer and also meet Warwick's contextual offer criteria will receive a reduced offer on this basis. Please see Warwick's webpage for full details of their contextual criteria.
- All other RO students who are selected for offer will be made a dual offer. This will consist of both the standard offer for entry to that course plus a reduced offer conditional on completion of the RO programme.

Course exemptions

There are no course exemptions. All undergraduate courses at Warwick give reduced offers to RO students who are successful in their application.

Extra support available

All RO applicants who successfully complete the RO Programme and go on to enrol on a course at Warwick will be invited to join the **Warwick Scholars** Undergraduate Programme.

Further information

Some courses at Warwick are particularly competitive and receive many more applications than there are places available. Where this occurs, the most important aspect of assessment - including for RO students - is academic performance, looking at both predicted grades such as A Levels and any achieved grades such as GCSEs.

Warwick also offer courses for which the assessment process involves an additional selection task, such as an interview or the submission of a portfolio. Where this is the case, RO students will still be required to participate in the selection process alongside the rest of the applicant pool.

For more information on the range of courses available and typical entry requirements please visit the **Study at Warwick** pages. It is important to check the individual requirements for any courses you are interested in and understand what this means for you.



Admissions

The University of York recognises and values students who complete Realising Opportunities and we can't wait for you to apply to York. We're a university committed to fairer admissions routes and you could be eligible for a reduced offer up to three grades below our standard offer. For example, instead of needing AAA grades, we might ask for BBB (not including the subject-specific requirements shown on our [course pages](#)).

Hull York Medical School

The A100 Medicine course at Hull York Medical School has an alternative offer of up to two A level grades lower and may have specific requirements for a fast-track to interview, further details on [Hull York Medical School](#).

If you apply for the A100 Medicine course, you will be sent a form by the Hull York Medical School shortly after the October UCAS application deadline with questions about contextual data and your participation in programmes like RO. You must submit this form by the stated deadline and include your participation in RO to receive additional consideration. Please see course exemption too.

Alternative Offers

If you are made an offer to study at York, then you will receive a dual offer: one alternative RO offer recognising your successful completion of RO with grade reduction and you will also receive a standard offer - for example BBB and complete Realising Opportunities OR AAA standard entry.

The standard offer element of the dual offer may also be reduced by up to two grades if you are eligible for our [contextual offers schemes](#) for example BBB and complete Realising Opportunities OR ABB contextual offer entry. All offers must also comply with any subject-specific requirements.

Course exemptions

Alternative offers will not be made for the A101 Medicine with a Gateway Year at Hull York Medical School.

For A100 Medicine course students may only be eligible for an alternative offer for the initial year they complete their studies and RO. An alternative offer may not be available for subsequent year entry. For example, if you complete RO and your studies in 2026/27, you may only be eligible for an alternative offer for 2027 entry.

Extra support available

We have a dedicated contact and specific support for care experienced and estranged students at the University of York. This support is available from when you start considering university study through to your graduation. Visit our dedicated pages for [students who are estranged or have care experience](#) to find out more.

Realising Opportunities students will also be able to access additional support such as the [Step Ahead induction programme](#), for students who progress onto studying at York to give you the best possible start to university life.

Further information

You can find the latest information on our contextual admissions and alternative offers at: www.york.ac.uk/study/undergraduate/applying/entry/contextual-offers/.

Our friendly University of York RO team are also here to help with any questions or to offer support, get in touch: realising-opportunities@york.ac.uk



FAQs

What if I haven't passed RO by the time I make my UCAS application?

The RO programme runs until the November of Year 13/second year of college, and all programme elements must be completed by this date in order for students to pass the programme. The UCAS main deadline is January of Year 13/second year of college. However, we understand that many students will be applying to the early October deadline, and may not have passed RO by this time. If you submit your UCAS application before completing the programme, you will still receive additional consideration and alternative RO offers (where relevant) as long as you complete RO by the deadline of November 2026. This means you just need to complete the programme elements by the deadlines communicated to you, rather than before you apply through UCAS.

Why do Partner universities give alternative offers?

RO Partner universities are committed to widening access to university, and

RO supports its Partner universities to reach more young people from groups underrepresented in higher education. In completing the compulsory elements of the RO programme, students gain skills, experience and knowledge to help them succeed at university and beyond. RO Partner universities recognise this effort and commitment with their alternative RO offers and additional consideration.

What other support do Partner universities offer RO students?

RO Partner universities offer a variety of support to help RO students when applying to and preparing for university and also when you start university. Read the statements of the universities you are interested in to learn more about the support available.

Clearing

Alternative RO offers are not applicable in Clearing but Clearing offers can vary from standard offers and could be lower than a standard offer. Remember however, that not all courses will be available in Clearing.

The RO programme opened so many doors for me, even through such an unpredictable sixth form experience. Thanks to the help of the amazing RO ambassadors and RO team I'm now off to Nottingham with an alternative offer two grades lower than the original - I am so grateful and not to mention incredibly excited!

Sophia, Former RO student 2019 - 2021

Key contacts

The RO Central Team, working closely with colleagues at Partner universities, coordinates and administers the programme on behalf of the Partnership. The Central Team is based at the lead RO Partner institution - Newcastle University.

RO Partner universities

Each of the RO Partner universities has dedicated members of staff working on the RO programme. If you have questions about the programme please get in touch with the RO Central Team or the RO contact at your host university.

If you have questions about entry requirements or alternative RO offers, it's best to get in touch with the university concerned directly.

Contact list

You can find an up-to-date list of contacts at www.realisingopportunities.ac.uk/partner-contacts/





REALISING OPPORTUNITIES

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The Realising Opportunities Central Team

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University of Birmingham

University of Exeter

University of Leeds

University of Leicester

Loughborough University

Newcastle University

**Queen Mary University
of London**

University of Warwick

University of York